



2019

CANTERBURY WEST COAST CHAMPIONSHIPS

& Para Swimming Canterbury Championships

Moana Pool, Dunedin (LC)

17-20 January 2019

Technical Advisor: Christine Cassin

Meet Organiser: Events Committee

CONDITIONS OF ENTRY

1. All registered competitive swimmers are eligible to enter
2. Para swimmers are eligible to compete at this meet and shall compete under IPC Swimming rules. Para swimmers must present their classification card to the referee prior to the commencement of the meet.
3. Age as at 17 January 2019. Entry is restricted to swimmers aged 13 years and over as at 17 January 2019; however athletes turning 13 years of age between the 17 January 2019 and the 26 January 2019 will be eligible to compete as they become ineligible to compete at the Canterbury Junior Championships. Entries for these athletes must be done manually with the meet organizer.
4. All athletes aged 12 years (per Clause 3) who chose to compete at this event must abide by the swimwear rules as laid out in the SCWC Technical Swimsuit Policy, which comes into effect on the 1st January 2019
5. ENTRY FEES: \$10 per individual event and \$15.00 per relay event GST inclusive.
6. Entries open midnight Sunday 2nd December 2018 and close midnight Monday the 7th January 2019. All individual entries are to be completed ONLINE only through the Swimming NZ database. Individual entries are paid during the online process. Club entries will be invoiced based on entries processed as at Monday the 7th January 2019. There will be no refund of entry fees except at the discretion of the meet organiser.
7. NO LATE ENTRIES WILL BE ACCEPTED.
8. Qualifying times are 50m times. Entry times swum in pools other than 50m must be converted using the SNZ conversions.
9. There are no qualifying times for para swimmers in their eligible events but a valid entry time must be submitted with all entries. Entries may be emailed to the meet organiser. If para swimmers enter other events they compete on the same terms as able bodied swimmers.
10. **All entries must have a time. NT (No Time) will not be accepted for entry**
11. Swimming Canterbury West Coast reserves the right to restrict entries to ensure the timeline is adhered to.
12. Submission of entries constitutes acceptance of these Meet Rules and Conditions.
13. Confirmation of entries will be sent to clubs by 9th January 2018. Clubs are to check swimmers' entries, events and times are correct. Any changes must be sent to the Meet Organiser by 11th January 2018 prior to the Psych Sheets being posted on the SCWC website.
14. Age Groups for individual events and relays are 13 & 14yrs, 15 & 16yrs, 17yrs & over.
15. Electronic timing will be used at this meet.

RULES OF THE CHAMPIONSHIPS

1. This meet will be conducted under the Swimming NZ Regulations, SNZ By-Laws and FINA Rules with the exception of local meet rules.
2. Over the top starts may be used at the discretion of the Referees and Meet Directors.
3. The morning sessions will be swum as heats, separate gender, mixed ages, and will be seeded slowest to fastest based on submitted entry times except for the distance events, 800m Free and 1500m free, which will be timed finals.
4. The fastest 8 swimmers in the men's 1500m and the women's 800m will be swum in the finals session.
5. The reverse distance, ie. boys' 800m and girls' 1500m, are restricted to one heat per event and will be swum in the heats session.
6. Finals will be swum in the following age groups: 13 & 14 years, 15 & 16 years, 17 & over and Open. A maximum of 3 visitors will be allowed in each final.
7. Swimmers qualifying for an Open final event cannot swim in their age group final for the same event.
8. A & B finals will be swum in the 13 & 14 years, 15 & 16 years and the 17 & over age groups where 24 or more swimmers swim in the morning heats in 50m, 100m and 200m events.
9. Only A finals will be swum across all the age groups for 400m events.
10. Para Swimmers will be seeded in the heats according to their entry times. Para swimmers are eligible for the following events 50m & 100m all strokes, 200m freestyle and 200IM for all classifications; 400m freestyle for S6 and above.
11. One Open mixed final for Para swimmers will be swum in their eligible events if required.
12. Overseas swimmers must have been registered with the SCWC Centre for a minimum of six (6) months prior to the meet to be eligible for titles and records.
13. Only SCWC registered swimmers will be eligible for regional records and trophies.
14. Relay names, in the order of swimming, must be with the recorder 30 minutes prior to the start of the session in which the relay event is being held. Only swimmers competing in the meet are eligible to swim in relays. Each club may enter a maximum of 2 teams in each relay.
15. All relays are timed finals
16. The Hollander Cup Relay - 15 swimmers swim 50 metres each, with least one girl and one boy. Please note that due to the depth at the shallow end of Moana Pool no diving will be allowed. Athletes starting at the shallow end will be in the water for a push start. At takeover, the swimmer leaving has to have their hand on the wall until the swimmer coming in touches the wall.
17. Medallists and trophy winners will be determined from the finals in the evening sessions.
18. Para Swimming results will also be from the results of the finals and will be determined based on the athletes results in comparison to the relevant World record in their respective classification. i.e. the competitor who achieves the best percentage of their own classification's world record will be placed first, and so on. Points will be awarded from 1st to 8th place from the finals sessions.
19. Club Points Trophy (evening sessions only) will be awarded to the top club, points are as follows:
 - Open final: 50,45,40,39,38,37,36,35
 - Age group A final: 30,28,26,25,24,23,22,21
 - Age group B final: 10, 8, 6, 5, 4, 3, 2, 1
 - Para Event Points: 10, 8, 6, 5, 4, 3, 2, 1

SCRATCHING/WITHDRAWAL RULE

1. Late withdrawals will incur a penalty fee of \$50.00
2. Withdrawals from timed finals will need to be with the Control Room Supervisor by the end of the preceding evening's finals session.
3. Withdrawals from the finals need to be with the CRS 30 minutes after the completion of the event in which the qualification occurred.

GENERAL

1. At the beginning of each race when the whistle is blown there is to be silence and no movement on the pool deck.
2. Swimmers are to leave the pool by the sides when the preceding race has started by swimming under the lane ropes. Swimmers are not to exit the pool over the end or touch the pads while exiting.
3. The designated area is to be used for warm-up and warm-down ONLY.

4. Swimmers and coaches must adhere to the official warm-up procedures as specified in the meet programme.
5. Marshalling area to be advised in the program

Record Bounties

- Bounties on Canterbury West Coast long course records are offered and linked to the number of years the record has stood at \$10 per year; i.e. breaking a record which has stood for 6 years will earn \$60; breaking a 14 year one will earn \$140.
- Bounty prize money is only available to registered Swimming Canterbury West Coast swimmers.
- Prize money will be paid via direct credit to clubs.
- Prize money for relay events will be split between the participants listed with the recorder for that session and paid via direct credit to clubs.

DUTY CLUBS

All participating Swimming Canterbury West Coast clubs are expected to assist with normal duty club responsibilities (including catering) during the sessions. A list of duties will be sent to clubs.

PRIZES

1. Medals will be awarded to 1st, 2nd & 3rd places in each individual event from the finals events swum in the evening. Visitors medals will be awarded.
2. Medals will be awarded to 1st, 2nd & 3rd in the relay events

			Qualifying Times			
				Female		Male
13 & 14	15 & 16	17 & over	Event	13 & 14	15 & 16	17 & over
38.00	37.00	36.00	50 Free	37.00	35.00	33.00
1:21.00	1:18.00	1:16.00	100 Free	1:18.00	1:16.00	1:13.00
2:50.00	2:47.00	2:44.00	200 Free	2:47.00	2:44.00	2:40.00
5:40.00	5:35.00	5:30.00	400 Free	5:35.00	5:30.00	5:25.00
11:30.00	11:00.00	10:50.00	800 Free	11:00.00	10:00.00	10:00.00
21:00.00	20:00.00	20:00.00	1500 Free	20:00.00	19:00.00	18:40.00
44.00	43.00	42.00	50 Back	42.00	40.00	38.00
1:35.00	1:33.00	1:31.00	100 Back	1:33.00	1:30.00	1:27.00
3:14.00	3:11.00	3:09.00	200 Back	3:15.00	3:05.00	2:55.00
47.00	46.00	45.00	50 Breast	45.00	44.00	42.00
1:45.00	1:43.00	1:41.00	100 Breast	1:42.00	1:38.00	1:35.00
3:38.00	3:35.00	3:32.00	200 Breast	3:30.00	3:25.00	3:15.00
43.00	42.00	41.00	50 Fly	42.00	40.00	38.00
1:35.00	1:33.00	1:31.00	100 Fly	1:33.00	1:25.00	1:22.00
3:20.00	3:14.00	3:10.00	200 Fly	3:15.00	3:10.00	3:05.00
3:18.00	3:15.00	3:11.00	200 IM	3:11.00	3:06.00	3:00.00
6:30.00	6:25.00	6:20.00	400 IM	6:20.00	6:10.00	6:00.00